

Cleanic – The universal prophylaxis paste with Perlite technology for high cleaning power converting into a gentle polishing action

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Over a period of 6 months, a trial was conducted involving a group of 50 patients who smoke, with heavily stained teeth (**figure 1**). The aim was to evaluate the efficiency of plaque and stain removal using Kerr’s well known **Cleanic®** prophylaxis paste, which has recently become available in tube delivery (**figure 3**).

The uniqueness of this universal paste lies in the Perlite-based technology which makes for efficient cleaning, and a highly polished effect in a single application. After ultrasonic descaling, cleaning was carried out which was automatically combined with polishing using **Cleanic®**, the paste was applied using **Pro-Brush™** (Kerr) brushes.

Thanks to the correct degree of viscosity, which has been modified over earlier versions, it proved very easy to spread the paste over the tooth surfaces, extrusion from the tube was likewise excellent. The **Cleanic®** paste remained on the brush and tooth surfaces for the duration required for removal of stains and then polishing (**figure 2**), bearing in mind that the Perlite contained in the paste guarantees the cleaning action to take place in the first 5-7 seconds of application, while the polishing action kicks in between 7-15 seconds, and ideally groups of approx 3 teeth are treated at a time.



Figure 1: before Cleanic® application



Figure 2: after Cleanic® application

At the end of the oral hygiene session the patients were issued with a questionnaire and asked to express an opinion on the taste of the paste (mint) and the level of satisfaction of the treatment, the latter being assessed on the basis of how well the staining had been removed and the final polished sensation perceived, overall the patients reported a high degree of satisfaction.

In conclusion, we can confirm that Cleanic® paste has shown itself to be particularly effective in removing surface staining, and the results achieved by polishing are retained for longer.



Figure 3: Cleanic® universal prophylaxis paste, which has recently become available in tube delivery