

## **Cleanic in Tube - The Recall Patient: Cleaning and Polishing**

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Most patients on a recall schedule will visit the clinic every 6 or 12 months.

The check up includes X-rays if necessary, examination of teeth, restorations, soft tissues, jaw, masticatory muscles, joints and degree of oral hygiene.

For prophylactic purposes a thorough cleaning is indicated. For most patients this is an important reason for following a recall schedule and certainly the most appreciated part of any treatment.

For calculus and resistant debris a sonic or turbine scaler is used. For tough discoloration, heavy smokers or coffee/tea drinkers pumice polishing is indicated.

In many cases, a mild polish is all that is needed and will be enough to prevent unnecessary abrasion of the hard tissues.

New Cleanic® comes in a very handy tube and it is easy to squeeze out the exact amount required.

Its viscosity is favourable for staying within the prophy cup and patients like its fresh taste.

Due to Cleanic®'s distinct colour and slight stickiness it is easy to see exactly which areas have been treated.

For the average patient on a 6 month recall, calculus removal from lower incisors, combined with Cleanic® polish is usually all that is required.

After the introduction of Cleanic® in a tube within our clinic, feedback from patients has been most favourable.

The case is Margrethe, a 40 year old female, who is a steady tea drinker. It has been 12 months since her last visit so discoloration and plaque build up needed a full treatment with scaler, pumice and finishing with Cleanic®. The treatment is swift and comfortable. As stated earlier; the finish with Cleanic® combined with its fresh taste always leaves a good feeling with the patient.

**Before**



**Before**



**Application**



**After**



**After**

